

## I Wish You Courage

Closing Words of Blessing, Presentation "Die schöpferische Kraft von Emotionen" by Monika Liechti  
adapted and arranged by Monika Liechti with help of Chat GPT (2025)

I wish you courage to pause for a while  
To breathe, to be still, to rest with a smile  
I wish you courage to lo-o-ok inside  
To name some feelings you've hidden or denied

May you find some light, when you have no clue  
May you find some grace for what's waiting in you  
You are not alone with your sighs and groans  
God stays beside you-u. You are loved and known

I wish you courage to notice the flame  
To ask, to explore, to not stay the same  
I wish you courage to reach out your hand  
For loving support that helps you to stand

May you find some light, when you have no clue  
May you find some grace for what's waiting in you  
You are not alone with your sighs and groans  
God stays beside you-u. You are loved and known

Let your heart open wide, let your spirit unfold  
Beauty from brokenness, strength in the soul  
Let emotions rise up, messengers from within  
The story of healing is there

Let your heart open wide, let your spirit unfold  
Beauty from brokenness, strength in the soul  
Let emotions rise up, messengers from within  
The story of healing is there to begin

I wish you courage to pause for a while  
To breathe, to be still, to rest with a smile  
I wish you courage to look deep inside  
to name those feelings you've hidden or denied

May you find some light. May your roots grow deep  
May you find some peace, even when you weep  
You are not alone with your sighs and groans  
God stays beside you-u

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